



**PUT THIS OUT,  
AND PUT THIS ON.**

**Call  
1-800-QUIT-NOW  
(1-800-784-8669)  
for help with your  
QUIT PLAN.**

**Patches available starting September 27, 2010 to eligible  
Boston residents only, while supplies last.\***

**If you smoke and want to quit, we're here to help.  
Call us for quit-smoking information and a free supply of nicotine patches.**

**Having a QUIT PLAN will help you quit smoking for good!**

Thomas M. Menino, Mayor of Boston and the Boston Public Health Commission, in collaboration with the Massachusetts Smokers' Helpline (operated by JSI Research and Training Institute, Inc). Made possible by funding from the US Department of Health and Human Services.



\*Medical restrictions apply.  
Must be age 18 or older.